

INGOSSTRAKH

PEME Circular

CONTENTS

INTRODUCTION.....	4
STANDARD SCOPE OF MEDICAL TESTS DURING PEME.....	5
RECOMMENDED PEME CERTIFICATE FORM&QUESTIONNAIRE	6
LIST OF APPROVED CLINICS FOR PEME.....	9
INDIA:	9
CHENNAI	9
KOCHI.....	9
VISAKHAPATNAM	9
MANGALORE.....	9
GOA.....	9
KOLKATA	10
MUMBAI	10
NEW DELHI.....	11
PHILIPPINES:.....	11
MAKATI CITY	11
MANILA	12
BACOLOD	13
CEBU.....	13
ILOILO.....	13
DAVAO	13
SRI LANKA:	14
COLOMBO	14
ROMANIA:.....	14
BUCHAREST.....	14
CONSTANZA	14
BRASOV	15
CROATIA:.....	15
DUBROVNIK	15
SPLIT.....	15
RIJEKA.....	15
ZAGREB	16
UKRAINE:.....	16
ODESSA	16
KHERSON.....	17

MARIUPOL.....	17
RUSSIA:.....	17
NOVOROSSIYSK.....	18
KALININGRAD.....	18
SAINT PETERSBURG	19
MOSCOW	21
TUAPSE.....	21
ASTRAKHAN	21
MURMANSK	22
ARKHANGELSK	22
VLADIVOSTOK	23
NAKHODKA	23
YUZHNO-SAKHALINSK.....	24
MONTENEGRO:.....	24
BUDVA.....	24
LATVIA:.....	24
RIGA	24
MOLDOVA:.....	25
BELARUS:.....	25

INTRODUCTION

Ingosstrakh's insureds face an increase of crew claims, vast majority of which caused by an illness of crew members reported to appear whilst on board of the vessel. As a result of subsequent medical examinations, however, such illnesses were proved to appear prior to boarding the ship. In some cases, these illnesses were chronic and not reported by seafarers before employment, they were reportedly not detected or examined by pre employment medical examination (PEME). Sometimes, seafarers who successfully passed PEME were found to be seriously sick in few weeks after commencement of voyage. Needless to say that serious illness of seafarer on board of the vessel and/or death as a result of illness might lead to substantial losses for shipowners including expensive emergency transportation, medical costs, losses as a result of deviation of vessel from planned route and various other costs and expenses sometimes increasing hundreds of thousands dollars. Number of concerns arose in respect of quality and scope of PEME, which proved to be of crucial importance from the angle of potential loss prevention.

In view of aforesaid, Ingosstrakh in coordination with medical experts Global Voyager Assistance issued this circular to summarize an experience in respect of clinics capable to provide creditable PEME to seafarers worldwide. We also enclose recommended scope of medical tests suggested for proper evaluation of employees' fitness to sea service, form of PEME certificates & questionnaire required to be drawn up prior to employment. You will also find a list of approved clinics for PEME, which will be subject to regular updates.

We hope that our Insureds will find this Circular to be of assistance, and will benefit from implementing it in day-to-day practice.

STANDARD SCOPE OF MEDICAL TESTS DURING PEME

- 1) Identity of seafarer
- 2) Medical declaration
- 3) Physical examination
- 4) Genital examination
- 5) Dental examination
- 6) Psychological evaluation
- 7) Visual testing and color blindness
- 8) Audiometry
- 9) Chest x-ray and lung function
- 10) Electrocardiogram
- 11) Faecal examination (stool test)
- 12) Complete blood test (CBC/FBC)
- 13) Hepatitis test
- 14) Liver function test
- 15) Yellow fever vaccination
- 16) Virology TPHA RPR - Syphilis test
- 17) Biochemical examination of the blood
- 18) Cardiac risk factor calculation
- 19) HbA1c for determination of diabetes mellitus
- 20) HIV I and II testing
- 21) Drug testing
- 22) Urinalysis
- 23) Ultrasound examination of the kidneys and bladder
- 24) Body morphology (BMI)
- 25) Pregnancy test (when appropriate)
- 26) Ultrasonic examination of the gall bladder and hepato-biliary system and the kidneys, ureters and bladder

RECOMMENDED PEME CERTIFICATE FORM&QUESTIONNAIRE

Name:	Last Name	First Name	Middle Name
Residence Address			
Mailing Address			
Date of Birth (DD/MM/YYYY)	Blood Type/Group	Place of Birth	Nationality
Position		Name of Vessel	
Medical Certificate No.		Seafarer's Certificate No.	

	Examination	Results of Examination		Examination	Results of Examination	
		Pass	Fail		Pass	Fail
1. Height 2. Weight 3. BMI	1. _____ 2. _____ 3. _____	<input type="checkbox"/>	<input type="checkbox"/>	24. Liver Function Test (AST, ALT, GGT)	<input type="checkbox"/>	<input type="checkbox"/>
4. Chest / inspir. 5. Chest / expir. 6. Abdominal girth	4. _____ 5. _____ 6. _____	<input type="checkbox"/>	<input type="checkbox"/>	25. VDRL (Veneral Disease Research Laboratory) test	<input type="checkbox"/>	<input type="checkbox"/>
7. Heart Rate 8. Blood Pressure	7. _____ 8. _____	<input type="checkbox"/>	<input type="checkbox"/>	26. HIV Test (unless restricted in the country of residence)	<input type="checkbox"/>	<input type="checkbox"/>
9. Dental Examination		<input type="checkbox"/>	<input type="checkbox"/>	27. Hep B Antigen (if increased level of AST, ALT, GGT revealed)	<input type="checkbox"/>	<input type="checkbox"/>
10. Visual Test	UNCORRECTED OD _____ OS _____ CORRECTED OD _____ OS _____	<input type="checkbox"/>	<input type="checkbox"/>	28. Hep C Antibodies (if increased level of AST, ALT, GGT revealed)	<input type="checkbox"/>	<input type="checkbox"/>
11. Color Vision a) Ishihara Test b) Slit Lamp		a) <input type="checkbox"/> b) <input type="checkbox"/>	a) <input type="checkbox"/> b) <input type="checkbox"/>	29. PSA (males over 45 y/o only)	<input type="checkbox"/>	<input type="checkbox"/>
12. Audiometry		<input type="checkbox"/>	<input type="checkbox"/>	30. Pregnancy test for females (unless restricted by local law for discrimination)	<input type="checkbox"/>	<input type="checkbox"/>
13. Clarity of speech		<input type="checkbox"/>	<input type="checkbox"/>	31. Urinalysis	<input type="checkbox"/>	<input type="checkbox"/>
14. Chest X-ray		<input type="checkbox"/>	<input type="checkbox"/>	32. Fecalalysis (stool for ova cysts and parasites, for salmonella, shigella, and typhoid – for Food & Beverage staff only)	<input type="checkbox"/>	<input type="checkbox"/>
15. Electro Cardiogram		<input type="checkbox"/>	<input type="checkbox"/>	33. Alcohol/Drug Test Phencyclidine, Cocaine, Morphine, Barbiturates, Opiates, Benzodiazepines, Amphetamines, Cannabinoids	<input type="checkbox"/>	<input type="checkbox"/>
16. Ultrasound examination of abdomen and kidneys		<input type="checkbox"/>	<input type="checkbox"/>	34. Head and neck check, including thyroid	<input type="checkbox"/>	<input type="checkbox"/>
17. Stress Test (if previous cardiac or vascular disorders reported)		<input type="checkbox"/>	<input type="checkbox"/>	35. Upper extremities check (trauma, veins)	<input type="checkbox"/>	<input type="checkbox"/>
18. Spirometry		<input type="checkbox"/>	<input type="checkbox"/>	36. Lower extremities check (trauma, veins)	<input type="checkbox"/>	<input type="checkbox"/>
19. Doppler of lower extremities veins (if previous vascular disorders reported)		<input type="checkbox"/>	<input type="checkbox"/>	37. Abdomen check (trauma, hernias)	<input type="checkbox"/>	<input type="checkbox"/>
20. Complete Blood Count (CBC)		<input type="checkbox"/>	<input type="checkbox"/>	38. Back check (trauma, hernias)	<input type="checkbox"/>	<input type="checkbox"/>

21. Blood Chemistry (Urea, Creatinine, Alkaline phosphatase, Uric acid)	<input type="checkbox"/>	<input type="checkbox"/>	39. Urogenital check	<input type="checkbox"/>	<input type="checkbox"/>
22. Fasting Blood Sugar	<input type="checkbox"/>	<input type="checkbox"/>	40. Neurological status	<input type="checkbox"/>	<input type="checkbox"/>
23. Glycosylated Haemoglobin (HbA1c) (if increased fasting blood sugar or urine sugar revealed)	<input type="checkbox"/>	<input type="checkbox"/>			

Family History	Yes	No	Do not know
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy/Seizure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Parents/Relatives	State of health	If passed away, age of death	If passed away, cause of death
Father			
Mother			
Brothers			
Sisters			

Have you received treatment / prescribed treatment for the following ?					
	YES	NO		YES	NO
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Jaundice or Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disorder	<input type="checkbox"/>	<input type="checkbox"/>	Dizziness	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Back Problems	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of Breath	<input type="checkbox"/>	<input type="checkbox"/>	Slipped Disk	<input type="checkbox"/>	<input type="checkbox"/>
Chest Pain	<input type="checkbox"/>	<input type="checkbox"/>	Wrist Problems	<input type="checkbox"/>	<input type="checkbox"/>
Chronic Cough	<input type="checkbox"/>	<input type="checkbox"/>	Fractured Bones	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Arthritis/Gout	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Problems	<input type="checkbox"/>	<input type="checkbox"/>
Rheumatic Fever	<input type="checkbox"/>	<input type="checkbox"/>	Cancer/Tumors	<input type="checkbox"/>	<input type="checkbox"/>
Frequent Headaches	<input type="checkbox"/>	<input type="checkbox"/>	Rash or Skin Problems	<input type="checkbox"/>	<input type="checkbox"/>
Vision Problems	<input type="checkbox"/>	<input type="checkbox"/>	Hernia/Hydrocele	<input type="checkbox"/>	<input type="checkbox"/>
Vision Correction	<input type="checkbox"/>	<input type="checkbox"/>	Varicose Veins	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy/Seizure	<input type="checkbox"/>	<input type="checkbox"/>	Drug Problems	<input type="checkbox"/>	<input type="checkbox"/>
Hearing Problems	<input type="checkbox"/>	<input type="checkbox"/>	Mental Breakdown	<input type="checkbox"/>	<input type="checkbox"/>
Sexually Transmitted Disease	<input type="checkbox"/>	<input type="checkbox"/>	Psychological Impairment, Depression or Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>
MALES ONLY			FEMALES ONLY		
Prostate Problems	<input type="checkbox"/>	<input type="checkbox"/>	Pregnancy	<input type="checkbox"/>	<input type="checkbox"/>
Testicular Lumps	<input type="checkbox"/>	<input type="checkbox"/>	Breast Lumps	<input type="checkbox"/>	<input type="checkbox"/>
Penile Discharge	<input type="checkbox"/>	<input type="checkbox"/>	Menstrual Issues	<input type="checkbox"/>	<input type="checkbox"/>

Allergies	YES	NO
Do you have any allergies?	<input type="checkbox"/>	<input type="checkbox"/>
If YES, please, indicate in details		

Vaccinations	Date	
Tetanus		
Diphtheria		
Measles		Ig titer, if known:

Mumps		Ig titer, if known:
Rubella		Ig titer, if known:
Varicella		Ig titer, if known:
Hepatitis A		
Typhoid		
Yellow fever		
Poliomyelitis		
Meningitis		

Additional Questions	YES	NO
Have you ever been signed of as sick or repatriated from a ship ?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been hospitalized ?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been declared unfit for sea duty ?	<input type="checkbox"/>	<input type="checkbox"/>
Has your medical certificate been restricted or revoked ?	<input type="checkbox"/>	<input type="checkbox"/>
Are you aware that you have any medical problems, diseases or illnesses ?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel healthy and fit to perform the duties of your designated position/ occupation ?	<input type="checkbox"/>	<input type="checkbox"/>
Are you taking any non-prescription medications or prescription medications If yes, please list the medications taken and the purpose(s) and dosages(s) ?	<input type="checkbox"/>	<input type="checkbox"/>

LIST OF APPROVED CLINICS FOR PEME

INDIA:

Chennai, Kochi, Visakhapatnam, Mangalore, Goa, Kolkata, Mumbai, New Delhi.

CHENNAI

1) Jaya Clinic

Sai Building No. 62/1 Lloyd's Road, Royapettah, Chennai 600 014, India

Tel: +91 44 2847 6933; +91 98400 99639 Coordinates

(WGS84): 13.047431, 80.270876

[Google maps:](#)

2) Balaji Medical Centre

No. 4/18, Jagadeeswaran Street, T.Nagar, Chennai - 600 017.

Tel: +91 44 2436 4651; +91 44 2436 4652; +91 44 2436 4653

Coordinates (WGS84): 13.038559, 80.239115

[Google maps:](#)

KOCHI

1) Balaji Medical Centre

No. 42/1898, Old Railway Station Road, Ernakulam North, Behind High Court, Kochi - 682 018.

Tel: +91 484 239 5006; +91 484 239 5007; +91 484 239 5008

Coordinates (WGS84): 9.987813, 76.277970

[Google maps:](#)

VISAKHAPATNAM

1) Balaji Medical Centre

Door No 39-11-63 /4-1, Muralinagar, Visakhapatnam, Andhra Pradesh - 530007.

Tel: + 91 891-2710299; + 91 891-2710399 Coordinates

(WGS84): 17.744190, 83.260965

[Google maps:](#)

MANGALORE

1) Balaji Medical Centre

Shop No. 5, Door No. 1-65/31, Kulur-Kavoor, Airport Road, Vivek Nagar, Panjimogaru,
Mangalore – 575 031

Tel: +91 824 2972719

Coordinates (WGS84): 12.926222, 74.839389

[Google maps:](#)

GOA

1) Divine Medical Centre

S1, S2, S5-S7, 2nd floor, Kamat Commercial, Near Hari Mandir, Margao Goa 403 601, India

Tel: +91 832 2711140

Coordinates (WGS84): 15,271500, 73,961741

[Google maps:](#)

2) Dr Belani's Blue Shield Medical Clinic

1st Floor, Crossroads Avenue, Eastern Express Bypass, Arlem - Margao, Near Goa (Pepsi) Bottling Factory, Goa 403 602, India

Tel: +91 832 274 9951; +91 832 274 9953 Coordinates

(WGS84): 19.113355, 72.869496

[Google maps:](#)

3) Indus Seafarers Health and Welfare Clinic

S-2/2, Nova Cidade Commercial Complex, Edapally - Panvel Highway, Alto Povorum, Penha de França, Goa 403521,

Tel: +91 832 2417038

Coordinates (WGS84): 15,527721, 73,826284

[Google maps:](#)

KOLKATA

1) Maritime Medical Consultancy

11/1A Manoharpukur Road, Hazra, Kolkata 700 026, West Bengal, India

Tel: +91 33 2419 2228; +91 33 2419 2186; +91 33 2419 2187

Coordinates (WGS84): 22,521927, 88,349354

[Google maps:](#)

2) AMRI (Advance Medical and Rescue Institution)

97A Southern Avenue, Kolkata 700 029

Tel: 0091 33 3257 0268

Coordinates (WGS84): 22,513390, 88,352594

[Google maps:](#)

MUMBAI

1) Dr Belani's Blue Shield Medical Clinic

003 Windfall, Ground Floor, Sahar Plaza Complex, Next to Kohinoor Continental Hotel, Andheri Kurla Road, Andheri (East), Mumbai 400 059, India

Tel: +91 22 2823 5050; +91 22 2823 6660; +91 22 2823 5949

Coordinates (WGS84): 19.072581, 72.865403

[Google maps:](#)

2) Dr Ranbir Singh Clinics

402 Wellington Business Park 1, Andheri Kurla Road, Marol, Andheri (East), Mumbai 400 059, India

Tel: +91 (0) 22 6671 9990; +91 (0) 22 6671 9991; +91 (0) 22 6671 9992

Coordinates (WGS84): 19.107141, 72.880647

[Google maps:](#)

3) Dr Ranbir Singh Clinics
33/37 Rex Chambers, Walchand Hirachand Marg, Ballard Estate, Mumbai 400 001,
India
Tel: +91 (0) 22 6631 8446; +91 (0) 22 6631 8447
Coordinates (WGS84): 18,937617, 72,838847

[Google maps:](#)

4) Sea Bird Health Foundation
A Wing-102, Heritage Plaza, Teli Cross Lane, Near Andheri (E) Stn. Mumbai – 400069
Tel: +91 22 2682 1823
Coordinates (WGS84): 19.117191, 72.850043

[Google maps:](#)

5) Marine Medical Services
401/403, Crystal Plaza, Andheri Ghatkopar Link Road, Andheri East, Mumbai – 400099 Tel: +91 22
65901052
Coordinates (WGS84): 19.111267, 72.860207

[Google maps:](#)

6) Jaya Diagnostic Centre
1st Floor, Kalpataru Heritage Building, above HDFC bank, Opp. Mumbai University,
Fountain, Mumbai 400001
Tel: +91 22 22675141, +91 22672095 Coordinates
(WGS84): 18,929062, 72,832041

[Google maps:](#)

NEW DELHI

1) Paramount Diagnostic Centre Dr M K E Memon's Clinic
G-46 Kalindi Kunj Road, Shaheen Bagh, New Delhi 110 025, India
Tel: + 91 11 2994 7608; + 91 11 6499 5562 Coordinates
(WGS84): 18,957710, 72,80906

[Google maps:](#)

PHILIPPINES:

Makati City, Manila, Bacolod, Cebu, Iloilo, Davao.

MAKATI CITY

1) Halcyon Marine Healthcare Systems
Trafalgar Plaza, 10th Floor 105 H.V. Dela Costa St. Salcedo Village, Makati City Metro Manila
Tel: +632 864 0213
Coordinates (WGS84): 14.558995, 121.010627

[Google maps:](#)

2) SuperCare Medical Services, Inc. - Makati
2nd Floor Don Chua Lamko Bldg.100 L.P. Leviste cor. H.V. Dela Costa St.s, Salcedo
Village, Makati City, Manila
Tel: +63 916 522 8630
Coordinates (WGS84): 14.561009, 121.018848

[Google maps:](#)

MANILA

1) Angelus Medical Clinic
104 V.E. Rufino St. Legazpi Village Makati City, Manila
Tel: +63 2 815 1997
Coordinates (WGS84): 14.556582, 121.017942

[Google maps:](#)

2) American Outpatient Clinic (American Hospital, Inc.)
2nd Floor F. FEMI Building, A. Soriano St. (Formerly Aduana) Intramuros, Manila
Tel: +632 527 1611; +632 527 1643
Coordinates (WGS84): 14,593177, 120,973335

[Google maps:](#)

3) Physician's Diagnostic Services Centre
533 United Nations Avenue, 4th Floor Physician's Tower Ermita, Manila 1000
Tel: +63 2524 0626
Coordinates (WGS84): 14,593177, 120,973335 14.580437, 120.9806

[Google maps:](#)

4) Ygeia Medical Center Inc.
2081 President Quirino Ave. Pandacan, Manila 1011
Tel: +632 562 7465 / 7464
Coordinates (WGS84): 14.588025, 121.001765

[Google maps:](#)

5) SuperCare Medical Services, Inc.
Patria Bldg., 573 Maria Orosa cor. Arkansas St. (Engracia Reyes) Ermita, Manila Tel:
+6392 850 18078
Coordinates (WGS84): 14,579748, 120,982342

[Google maps:](#)

6) The Nolasco International Medical & Diagnostic Clinic Inc
G/F Aussie Towers Building, 1418 M. H. Del Pilar St, Ermita, Maynila, Kalakhang Maynila Tel: +63 2 522
1497
Coordinates (WGS84): 14,575460, 120,981349

[Google maps:](#)

7) Merita Diagnostic Clinic Inc.
Merita Diagnostic Clinic Inc., 5th Flr. Jettac Building, #920 Pres. Quirino Ave, Corner
San Antonio St., Malate, Manila 1004, Philippines
Telephone: +63 231 005 95; +63 2881 4033

Coordinates (WGS84): 14.571155, 120.992573 14.571155, 120.992573

[Google maps:](#)

8) ClinicOMed

3rd Floor Ma Daniel Building, 470 San Andres Co M H Del Pilar Sts, Malate, Manila, Philippines

Tel: +63 2 5215499 / +63 2 5260840 Coordinates

(WGS84): 14.568471, 120.984706

[Google maps:](#)

BACOLOD

1) Ygeia Medical Center

Bacolod 2 / F Paseo Verde, Lacson St. Mandalaganá Bacolod City, Philippines

Tel: +63 (034) 458 3969-73

Coordinates (WGS84): 14,588035, 121,001759

[Google maps:](#)

CEBU

1) Physician's Diagnostic Services Centre, Inc.

110 F. Ramos St., Corner Junquera St. Cebu City, 6000 Philippines

Tel: +6332 254 1778

Coordinates (WGS84): 14.580434, 120.980648

[Google maps:](#)

2) SuperCare Medical Services, Inc.

2nd Floor PB Com Bldg. Cebu Mango Branch General. Maxilom Ave. Cebu City

Tel: +6392 850 18078

Coordinates (WGS84): 10,310558, 123,896825 10.310558, 123.896825 [Google maps:](#)

ILOILO

1) SuperCare Medical Services, Inc. - Iloilo

3rd Floor, Manfred's Place, General Luna St. Iloilo City, Philippines

Tel: +63 33 335-30-97 Tel: +63 33 335-30-96 Coordinates

(WGS84): 10,701140, 122,563066

[Google maps:](#)

2) Iloilo PDS & Laboratory Center

No. 7 A. Mabini St. near corner Huervana St. Brgy , Railway, La Paz, Iloilo City, Philippines

Tel: +63 33 329-3275

Coordinates (WGS84): 10,710173, 122,569040

[Google maps:](#)

DAVAO

1) Physicians Diagnostic Service Centre Davao Inc

49 Jose Palma Gil Street Barangay 4A, District 1
Tel: +63 82 286 1052/+63 82 224 6672 Coordinates
(WGS84): 7.069390, 125.609157

[Google maps:](#)

SRI LANKA:

Colombo

COLOMBO

1) Lifeline Health Screening Center
Asiri Hospital No. 181, Kirula Road Narahenpita Colombo –05, Sri Lanka
Tel: + 94 11 4523300
Coordinates (WGS84): 6,893505, 79,874339

[Google maps:](#)

ROMANIA:

Bucharest, Constanza, Brasov.

BUCHAREST

1) Bio-Medica International S.A.
Cal. Floreasca nr. 111-113, Sector 1 014455, Bucharest, Romania
Tel: + 40-21-3117793 / 4/5/6/7/8 Coordinates
(WGS84): 44,459932, 26,100675

[Google maps:](#)

CONSTANZA

1) lowemed medical center
I.C. Bratianu St. No. 2-4 Constanza, Romania Tel: + 40
241 587 676; + 40 722 250 469 Coordinates (WGS84):
44,172589, 28,633612

[Google maps:](#)

2) Centrul Medical Unirea (Regina Maria)
16 Mamaia Blvd Constanza 900763 Romania
Tel: +40-241-54400
Coordinates (WGS84): 44,182675, 28,643303

[Google maps:](#)

3) Clinica DOCTOR 3D
24 Tepes Voda Street, Constanza 900189, Romania
Tel: +40 341 455 455; +40 772 166 088
Coordinates (WGS84): 44,180834, 28,63989444.180834, 28.639894

[Google maps:](#)

4) Avamedica
Mamaia Blvd. no. 16A-16B Constanta, Romania
Tel: + 40-241-544 000
Coordinates (WGS84): 44,180751, 28,639690

[Google maps:](#)

BRASOV

1) MEDO
Dr. Radu Mitrea M.D. St. Cicoarei 8a Brasov 500188 Romania
Tel: + 40 268 474237
Coordinates (WGS84): 45,662226, 25,595568

[Google maps:](#)

CROATIA:

Dubrovnik, Split, Rijeka, Zagreb.

DUBROVNIK

1) Poliklinka "Glavic"
Ćira Carića 3, 20000 Dubrovnik Croatia
Tel: +385 20 435 565
Coordinates (WGS84): 42,659922, 18,077214

[Google maps:](#)

2) Dubrovnik General Hospital – Dr. Shlomi Ranot
20000 Dubrovnik
Tel: + 385 99 33 22 099
Coordinates (WGS84): 42,648706, 18,075883

[Google maps:](#)

3) Polyclinic "Marin Med"
Dr Ante Starcevic 45 20 000 Dubrovnik Croatia
Tel: +385 20 400 500
Coordinates (WGS84): 42,652016, 18,088594

[Google maps:](#)

SPLIT

1) Medical Center Analiza
Lovretska ul. 10, 21000, Split, Croatia
Tel: +385 21 688 888
Coordinates (WGS84): 43,515232, 16,438174

[Google maps:](#)

RIJEKA

1) Policlinic ProVita

Trpimirova 2/1 HR-51000 Rijeka Croatia
Tel: +385 51 352 460
Coordinates (WGS84): 45,327869, 14,438364

[Google maps:](#)

2) Medical Center for Occupational Health
Riva Boduli 51000 Rijeka
Tel: + 385 51 213605; 313322
Coordinates (WGS84): 45.325110, 14.442388

[Google maps:](#)

ZAGREB

1) Private Internist Clinic "Vedran Batarelo"
Vrbaniceva 56a 10 000 Zagreb Croatia
Tel: +385 1 4663 096
Coordinates (WGS84): 45.811021, 16.000364

[Google maps:](#)

2) Poliklinka "Glavic"
Radnička cesta 54 (Green Gold Centar, Toranj V1, 1. kat) 10000 Zagreb Hrvatska
Tel: +385 1 646 8300
Coordinates (WGS84): 42.659917, 18.077205

[Google maps:](#)

UKRAINE:

Odessa, Kherson, Mariupol.

ODESSA

1) Vita Medical Centre
10/1 A, M. Govorova Str. Odessa, Ukraine
Tel: +38 048 770 2473
Coordinates (WGS84): 46.446180, 30.748902

[Google maps:](#)

2) Academmarine Medical Centre - Odessa National Maritime Academy (MSC
ONMA Academmarine)
10, Malovsky St., Odessa, Ukraine
Tel: + 38 048 728 0692
Coordinates (WGS84): 46.488073, 30.702298

[Google maps:](#)

3) Medical Centre Archimed-T
42, Kanatnaya St., Odessa 65014, Ukraine
Tel: +38 048 232 78 70
Coordinates (WGS84): 46.474443, 30.747179

[Google maps:](#)

4) Medmarine Medical Center
Lustdorfskaya road, 56/58, 65059, Odessa, Ukraine
Tel: +38 048 234 34 84
Coordinates (WGS84): 46.434543, 30.726722

[Google maps:](#)

5) Vivamed
9 Lermontovsky Lane, Odessa, 65014 Ukraine
Tel: + 38 048 737 48 11
Coordinates (WGS84): 46.471287, 30.755316

[Google maps:](#)

6) Almed Ltd.
15/17 Primorskaya Str., Odessa
Tel.: +38 (048) 729 47 18, 729 47 19 Coordinates
(WGS84): 46.489988, 30.741395

[Google maps:](#)

KHERSON

1) Kherson Branch of Ukrainian Research Institute of Transport, Medicine Filia -
Kherson
21 Ushakova Ave., Kherson 73000, Ukraine
Tel: +38 055 249 04 03
Coordinates (WGS84): 46.633746, 32.617382

[Google maps:](#)

MARIUPOL

1) Mariupol Primary Health Care Center
No 4 AZOV Central Seafarers' Clinic, 35 Nakhimova Avenue, Mariupol, 087517, Ukraine
Tel: +380 629 376 884
Coordinates (WGS84): 47.074356, 37.511306

[Google maps:](#)

2) Medkom
47 Metallurgov Avenue, Mariupol, 087500, Ukraine
Tel: +380 671 430373
Coordinates (WGS84): 47.099235, 37.545649

[Google maps:](#)

RUSSIA:

Novorossiysk, Kaliningrad, Moscow, Tuapse, Astrakhan, Vladivostok, Nakhodka, Saint
Petersburg, Murmansk, Arkhangelsk, Yuzhno-Sakhalinsk

NOVOROSSIYSK

1) Medical center of new technologies "Hippocrates"
93 Lenin Avenue (based on the territory of the Ushakov State Medical University),
Novorossiysk, Russian Federation
Tel.: +7 (8617) 76 79 37
Coordinates (WGS84): 44.678079, 37.785856

[Google maps:](#)

2) FMBA "Novorossiysk Clinical Center of the Federal Medical and Biological Agency" (on the base of local polyclinic)
16/18 Novorossiyskaya Respublic str., Novorossiysk, Russian Federation
Tel: +7 (8617) 79 70 57
Coordinates (WGS84): 44.716980, 37.776036

[Google maps:](#)

3) Medical center "Delfaniya"
162 Dzerzhinsky Ave., Novorossiysk, Russian Federation
Tel: +7 (918) 676 06 17
Coordinates (WGS84): 55.057911, 82.936806

[Google maps:](#)

4) Medical center "Zdorovie Nacii"
40 Sovietov str., Novorossiysk, Russian Federation
Tel: +7 (8617) 30 33 72
Coordinates (WGS84): 44.719622, 37.775560

[Google maps:](#)

KALININGRAD

1) Kaliningrad hospital FGU SZOMS
34/38 Bolnichnaya str., Kaliningrad, Russian Federation
Tel: +7 (4012) 53 24 48
Coordinates (WGS84): 54.711971, 20.502095

[Google maps:](#)

2) City Clinical Hospital of Emergency Medical Care
90 Nevskogo str., Kaliningrad, Russian Federation
Tel: +7 (4012) 46 04 49
Coordinates (WGS84): 54.740606, 20.533956

[Google maps:](#)

3) Medical center «Horoshaya polyclinic»
83A-83D Leninsky Avenue, Kaliningrad, Russian Federation
Tel: +7 (4012) 98 83 77
Coordinates (WGS84): 54.704328, 20.508493

[Google maps:](#)

SAINT PETERSBURG

1) Medical center “European Man and His Health”
2A, Gapsalskaya str., room 167, Saint-Petersburg, Russian Federation
(hotel “Annushka”, entrance from the back, 2nd floor)
Tel: +7 (812) 495 84 61
Coordinates (WGS84): 59.912477, 30.259709

[Google maps:](#)

2) Medical center «Peter Svallou»
6 Vereiskaya str., Saint-Petersburg, Russian Federation
Tel: +7 (812) 316 13 59
Coordinates (WGS84): 59.917488, 30.324509

[Google maps:](#)

3) N. I. Pirogov Clinic of High Medical Technologies
3 Tsiolkovsky str., Saint-Petersburg, Russian Federation
Tel: +7 (812) 676 25 10
Coordinates (WGS84): 59.914717, 30.282299

[Google maps:](#)

4) Health center on the base of Admiral Makarov State Maritime Academy
(AMSMA)
21 lines str. Vasilyevsky Island, Saint-Petersburg, Russian Federation
Tel: +7 (812) 321 36 84
Coordinates (WGS84): 59.930730, 30.259652

[Google maps:](#)

5) Medical center «Medrybprom»
4 Kronstadtская str., Saint-Petersburg, Russian Federation
Tel: +7 (812) 783 31 09
Coordinates (WGS84): 59.877303, 30.254930

[Google maps:](#)

5) Health center on the base of Admiral Senyavin Maritime Technical College
(SPBMTC)
pr. Narodnogo opolcheniya 189/ 1, Saint-Petersburg, Russian Federation
Tel: +7 (812) 411 39 54
Coordinates (WGS84): 59.824801, 30.211092

[Google maps:](#)

6) City Polyclinic № 4(SPBGBUZ)
37 Nalichnaya str., Vasilyevsky Island, Saint-Petersburg, Russian Federation (Outpatient
Department No. 53)
Tel: +7 (812) 323 87 63
Coordinates (WGS84): 59.941786, 30.232805

[Google maps:](#)

7) Clinical hospital №122 n.a. L.G. Sokolov of FMBA

(medical examination for the crew-member in the international format may appear in 2019) pr. Kultury

4, Saint-Petersburg, Russian Federation

Tel: +7 (812) 448 74 81

Coordinates (WGS84): 60.036150, 30.361221

[Google maps:](#)

8) Medical Center "Baltyskiy"

Mitrofanevskoe avenue 8A, Saint-Petersburg, Russian Federation

Tel: +7 (812) 644 69 20

Coordinates (WGS84): 59.853636, 30.155932

[Google maps:](#)

9) Marine Medical Center

Mezhevoy channel, d. 5, lit. AH (Business Center "Baltic Sea Center"), ground floor

Tel: +7 (812) 244 93 73

Coordinates (WGS84): 59.911650, 30.249606

[Google maps:](#)

10) Eco-Safety Medical Centre

44 Dostoevskogo str, 65/5 Zanevskiy prospect, Saint-Petersburg, Russian Federation

Tel: +7 (812) 443 87 20

Coordinates (WGS84): 59.922391, 30.345156

[Google maps:](#)

11) Branches of medical centers "Medcomissiya №1"

- 28/16 Nalichnaya str., Saint-Petersburg, Russian Federation

Coordinates (WGS84): 59.936289, 30.232492

[Google maps:](#)

- 41 Lensovieta str., Saint-Petersburg, Russian Federation

Coordinates (WGS84): 59.843108, 30.329287

[Google maps:](#)

- 1 Narodnaya str., Saint-Petersburg, Russian Federation

Coordinates (WGS84): 59.877728, 30.458686

[Google maps:](#)

- 35 Bogatyrskiy prospect, building 1, Saint-Petersburg, Russian Federation

Coordinates (WGS84): 60.004094, 30.242067

[Google maps:](#)

- 50 Prosveshenia prospect, Saint-Petersburg, Russian Federation

Coordinates (WGS84): 60.049112, 30.355136

[Google maps:](#)

- 63 Salova str., Saint-Petersburg, Russian Federation

Coordinates (WGS84): 59.883823, 30.365043

[Google maps:](#)

- 4 Soldata Kozunova str., Saint-Petersburg, Russian Federation

Tel: +7 (812) 380 82 54

Coordinates (WGS84): 59.842066, 30.210559

[Google maps:](#)

12) Occupational Pathology Center (GBUZ LO)

Mechnikova Avenue 27, Saint-Petersburg, Russian Federation

Tel: +7 (812) 543 96 33

Coordinates (WGS84): 59.989270, 30.414518

[Google maps:](#)

13) Medical center «Avicenna»

Neberezhnaya Obvodnogo ch., 147-149, Saint-Petersburg, Russian Federation

Tel: +7 (812) 939 35 25

Coordinates (WGS84): 59.909369, 30.311768

[Google maps:](#)

14) Medical center «Valeonika»

Bolshoi prospect 89, Vasilyevsky Island, Saint-Petersburg, Russian Federation Tel.: +7 (812) 322 53 99

Coordinates (WGS84): 59.929485, 30.248204

[Google maps:](#)

MOSCOW

1) Medical center «Prezident-Med»

7 Yakornaya str., Bldg. One, Moscow, Russian Federation

Tel: +7 (499) 136 27 17

Coordinates (WGS84): 55.685825, 37.684139

[Google maps:](#)

TUAPSE

1) Polyclinic on the base of Tuapse district hospital №3(GBUZ)

2 Gogolya str., Tuapse, Russian Federation

Tel: +7 (86167) 7 13 14

Coordinates (WGS84): 44.095101, 39.075025

[Google maps:](#)

ASTRAKHAN

1) Astrakhan Clinical Hospital (FMBA)

- Polyclinic №2

31 Zavodskaya Square, Astrakhan, Russian Federation

Tel: +7 (8512) 45 15 99

Coordinates (WGS84): 46.336722, 47.985000

[Google maps:](#)

- Polyclinic №3

22 Kapitanskaya str., Astrakhan, Russian Federation

Tel: +7 (8512) 58 51 39

Coordinates (WGS84): 46.308500, 47.963322

[Google maps:](#)

- Polyclinic №4

47 Kaunasskaya str., Astrakhan, Russian Federation

Tel: +7 (8512) 59 82 18

Coordinates (WGS84): 46.285387, 47.940329

[Google maps:](#)

MURMANSK

1) Murmansk City Polyclinic № 1 (GOBUZ)

41/9 Schmidta str., Murmansk, Russian Federation

Tel: +7 (8152) 45 00 11

Coordinates (WGS84): 68.965529, 33.066957

[Google maps:](#)

2) Murmansk Multidisciplinary Polyclinic n.a. N.I. Pirogov (FMBA)

2/12 Volodarskogo str., Murmansk, Russian Federation

Tel: +7 (8152) 55 12 34

Coordinates (WGS84): 68.977292, 33.081853

[Google maps:](#)

3) Central Medical Sanitary Unit №120 (FMBA)

10 Biryukova str., Snezhnogorsk, Murmansk Region, Russian Federation

Tel: +7 (81530) 6 03 95

Coordinates (WGS84): 69.192887, 33.223405

[Google maps:](#)

4) Medical center «Puls»

5 Bredova str., Murmansk, Russian Federation

Tel: +7 (8152) 436 005

Coordinates (WGS84): 68.997965, 33.108528

[Google maps:](#)

5) Medical center «Phenix»

3 Flotsky Ave., Murmansk, Russian Federation

Tel: +7 (8152) 60 75 75

Coordinates (WGS84): 68.976263, 33.086354

[Google maps:](#)

ARKHANGELSK

1) Polyclinic on the base of Northern Medical Clinical Center n.a. N.A. Semashko (FMBA)

2 Admiralteyskaya str., Arkhangelsk, Russian Federation

Tel: +7 (8182) 22 16 64

Coordinates (WGS84): 64.572708, 40.514089

[Google maps:](#)

VLADIVOSTOK

1) Far Eastern Medical Center
92 Okeanskiy Ave., Vladivostok, Russian Federation
Tel: +7 (423) 243 48 88
Coordinates (WGS84): 43.131286, 131.901133

[Google maps:](#)

2) Regional Clinical Hospital № 2
56 Internatsionalnaya str., Vladivostok, Russian Federation
Tel: +7 (423) 227 74 24
Coordinates (WGS84): 43.101221, 131.915241

[Google maps:](#)

3) Vladivostok Polyclinic №1(KGBUZ)
7 Komsomolskaya str., Vladivostok, Russian Federation
Tel: +7 (423) 245 05 77
Coordinates (WGS84): 43.123573, 131.887834

[Google maps:](#)

4) Far Eastern Central Marine Hospital (FECMH)
2 Beregovaya str., Vladivostok, Russian Federation
Tel: +7 (423) 222 36 89
Coordinates (WGS84): 43.114437, 131.888691

[Google maps:](#)

NAKHODKA

1) Medical Center «Prisco»
4 Shkolny Lane, Nakhodka, Primorye Region, Russian Federation
Tel: +7 (4236) 69 95 50
Coordinates (WGS84): 42.826617, 132.890345

[Google maps:](#)

2) Municipal Medical Center №1
34 Pirogova str., Nakhodka, 692900, Primorye region, Russian Federation
Tel: +7 (4236) 62 27 18
Coordinates (WGS84): 42.776682, 132.858696

[Google maps:](#)

3) Nakhodka Policlinic №1 on the base of State Hospital of Nakhodka (FMBA)
16 Pavlova str., Nakhodka, 692900, Primorye region, Russian Federation
Tel: +7 (4236) 65 52 67
Coordinates (WGS84): 42.808838, 132.861701

[Google maps:](#)

YUZHNO-SAKHALINSK

1) Medical Center «Avicena»
43 Khabarovskaya str., Yuzhno-Sakhalinsk, Russian Federation
Tel.: +7 (424) 255 64 45
Coordinates (WGS84): 46.960802, 142.733963

[Google maps:](#)

2) Family Clinic №1 (conduct inspections of the crews of extremely small vessels).
Aviatsionnaya str., Yuzhno-Sakhalinsk, Russian Federation
Tel: +7 424 22 40 250
Coordinates (WGS84): 46.923283, 142.746388

[Google maps:](#)

3) Medical Center «Medikor»
43 Chekhova str., Yuzhno-Sakhalinsk, Russian Federation
Tel: +7 (924) 19 73 377
Coordinates (WGS84): 46.953733, 142.736023

[Google maps:](#)

MONTENEGRO:

Bar, Budva

BAR

1) JZU Dom Zdravlja Bar - Dr. Milenka Vranes-Grujicic
Jovana Tomasevica Poslovni Centar G-9, Bar 85000
Tel: + 382 30 311 001
Coordinates (WGS84): 42.099879, 09.094246

[Google maps:](#)

BUDVA

1) "ANEA" Hbo Medical
Zrtava fasizma bb 85 000 Budva Montenegro
Tel: +382 33 402 406
Coordinates (WGS84): 42.293113, 18.849277

[Google maps:](#)

LATVIA:

Riga

RIGA

1) Maritime Poliklinika "Via Una"
10, Katrindambis St., Riga, LV-1045, Latvia
Tel: +371 673 226 41; +371 673 236 57 Coordinates
(WGS84): 56.988975, 24.137194

[Google maps:](#)

2) Diplomatic Services Medicine Centre
57, Elizabetes Str., Riga, LV-1050, Latvia
Tel: +371 6 722 9942
Coordinates (WGS84): 56.954146, 24.118802

[Google maps:](#)

3) Via Una Medical Center
Katrinas Dambis 10, Riga Latvia
Tel: + 3716732264/7322695
Coordinates (WGS84): 56.969991, 24.102414

[Google maps:](#)

4) SAI Latvijas Juras Medicinas Centre
10, Melidas St.Riga, LV-1015, Latvia
Tel: +371 67098407; +371 67098406 Coordinates
(WGS84): 57.032857, 24.113081

[Google maps:](#)

5) SIA "Forvaters Terra"
Ciekurkalna 1. Linija str. Riga, LV-1026, Latvia
Tel: +371 67829919
Coordinates (WGS84): 56.983289, 24.158585

[Google maps:](#)

MOLDOVA:

There are no accredited medical institutions that can issue an international certificate. As an option we can suggest to perform the PEME on the territory of Odessa, Ukraine. The following medical centers confirmed the possibility of holding a medical commission for Moldovan citizens: Vita Medical Center, Medical Center Archimed, Medmarine, Vivamed and Almed

BELARUS:

There are no accredited medical institutions that can issue an international certificate.